

WHO CAN WE HELP?

Project provides support to people living in Wales who experience Mental Health Illness where **problems with finances or Welfare Benefits** are effecting your (or someone you care for) mental health and well-being

ABOUT RIVERSIDE ADVICE

Riverside Advice provides Specialist Advice service for Welfare Benefits, Housing Energy Efficiency and Debt. Specialist Quality Mark Member of Advice UK

ABOUT 4WINDS

.....

CONTACT US

For further information or to book an appointment call on :

029 2034 1577

Monday to Friday

10am-1pm and 2-pm 4pm

Reception Open

Monday—Friday

10am - 1pm

**41a Lower Cathedral Road
Riverside**

Cardiff

CF11 6LW

Charity No 1100551

Company No 4723825

RIVERSIDE ADVICE and 4WINDS

Mental Health Welfare Rights Project

Free and confidential holistic Welfare Rights Advice service;-

- Welfare Benefits
Debt
DRO and Bankruptcy including funding fees
- Income Maximisation
- Financial and Budgeting Advice
- Applications for White Goods and Write-off gas and electric arrears
- Energy efficiency Advice



PARTNERSHIP SERVICE

RIVERSIDE ADVICE, a Specialist Quality Mark Welfare Rights Organisation providing specialist help in Welfare Benefits Debt and Housing Advice have partnered with **4WINDS**, a charity providing a range of mental health services. For this project they will provide emotional and practical support and assistance through the welfare rights process if

PROJECT SERVICES

Project will provide a holistic range of supported Welfare Rights services for those who have a mental health illness where financial and Welfare Benefit problems are effecting their mental health and well being.

KEY SERVICES

WELFARE BENEFITS

DEBT, MONEY ADVICE and DRO's

ENERGY EFFICIENCY REDUCING BILLS

Energy Efficiency, saving energy, reduce fuel bills, and stay warm and well at an

TRUST GRANT APPLICATIONS

The project can apply to Trusts including the British Gas Energy Trust for charitable grants to help clear Fuel arrears and give a fresh start to deal with future energy bills.

Trust Grant Applications can help you with:

- Essential household items white goods / appliances
- Debts for domestic energy charges at your current property
- Debts for domestic energy charges at a previous property
- Boiler repairs and replacements
- Other household goods / furniture if you have a family